



Bewcastle Primary School Sex and Relationship Education Policy

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1.Introduction

We have based our school's sex and relationship education policy on the guidelines set out in the Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory Guidance (2020). It runs in conjunction with the PSHE, Child Protection and Safeguarding, anti-bullying and Inclusion policies.

2.Rationale

SRE (Sex and Relationship Education) is lifelong learning about sex, sexuality, emotions, relationships and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. SRE has a key part to play in the personal, social, moral and spiritual development of young people. It begins informally in the home with parents and carers long before any formal education takes place at school.

3.Aims and Objectives For pupils:-

- To have the confidence and self-esteem to value themselves and others

- To understand about the range of relationships, including the importance of family for the care and support of children.
- To develop confidence in talking, listening and thinking about feelings and relationships.
- To be able to name parts of the body and describe how their bodies work.
- To respect their own bodies and the importance of sexual activity as part of a committed, long term relationship.
- To be prepared for puberty and understand the physical development of their bodies as they grow into adults.
- To understand the consequences of their actions and behave responsibly within relationships.
- To be able to recognise unsafe situations and be able to protect themselves and ask for help and support.
- To understand the role the media plays in forming attitudes.
- To understand how safe routines can reduce the spread of viruses including HIV, if appropriate.
- Sexual abuse and what they should do if they are worried about any sexual matters.

4.The Management and Organisation of SRE

It is the responsibility of the Head Teacher to liaise with the PSHE co-ordinator to ensure that both staff and parents are informed about our sex and relationships education policy, and that the policy is implemented effectively. It is also the Head Teacher's responsibility to ensure that staff are given training, so they can teach effectively and handle any difficult issues with sensitivity. The Head Teacher liaises with external agencies regarding the school SRE and ensures that all adults who work with children on these issues are aware of the school policy, and work within this framework. This is monitored regularly and Governors reported to, when requested.

The teaching of SRE through PSHE is the responsibility of the class teacher in line with the

Jigsaw and Kidsafe Schemes of Work, which incorporates all aspects of the SRE Statutory Guidance. This will be monitored by the PSHE Coordinator as part of the annual process of self-evaluation and review. Discrete SRE lessons are taught to pupils through lesson plans and resources provided in the Jigsaw scheme of learning. This Scheme of Work includes a comprehensive set of age-appropriate online lesson plans, and related activity materials, for all primary year groups.

5.Confidentiality

Teachers conduct sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved in

sexual activity, then the teacher will take the matter seriously and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse. The teacher involved will pass their concerns on to the Head Teacher. The Head Teacher will then deal with this matter in consultation with health care professionals (see child protection policy).

6. Involving learners

Bewcastle is an inclusive school and we are opposed to all forms of discrimination based on race, gender, faith, language, sexual orientation, age, disability or any other status. Language which is racist, sexist, homophobic or potentially damaging to any group will not be tolerated and will be challenged (see Equalities Policy). The Jigsaw Scheme of Work seeks to engage all children through planning a wide range of activities, matching children's learning styles. Activities and discussions in single sex groups is used where appropriate, addressing the need for pupils from cultures where it is only acceptable to speak about the body in single gender groups and for the differing needs of girls and boys. For children with special educational needs or learning difficulties work will be planned in different ways in order to meet the individual needs of pupils.

7. Working with parents/carers and the Wider Community

We recognise that the primary role in children's sex education lies with the parents and carers. We seek to build a positive and supporting relationship with the parents of children at our school and the wider community through mutual understanding, trust and cooperation. In promoting these objectives, we:

- Inform parents about the school's sex education policy and practice through the school website.
- Answer any questions that parents may have about the sex and relationship education of their child.
- Take seriously any issues that parents raise with teachers or Governors about this policy or the arrangements for sex and relationship education in school.
- Reassure parents that the personal beliefs and attitudes of staff will not influence the teaching of SRE, all those contributing to the programme are expected to work within aims and objectives listed above.
- Work closely with valued members of the community such as members of the Local Health Authority and the school nurse.

8. Monitoring and evaluation

The Sex and Relationships Education Policy will be reviewed regularly by the Governing body. They will liaise with staff to make any modifications necessary. Governors require the Head Teacher to keep a written record, giving details of the content and delivery of the sex and relationships education programme that we teach in this school. The monitoring of Sex and Relationships Education is

integrated into the PSHE rotation of monitoring, which includes the monitoring of planning and lesson observations.

Policy written and adopted by Bewcastle staff - 8th of December 2025

Ratified by Governing Body – 8th of December

Date to be reviewed December 2026

Signed

Signed: Mark Davis

Head Teacher

Chair of Governors

Date: 8.12.25