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Successful learning in a happy environment

Executive Headteacher: Mr Mark Ashton

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## **Newsletter 8<sup>th</sup> March 2022**

### **Mental Health and Wellbeing**

If you have any concerns around struggling to deal mental health issues in adults and children, there is a support group that can offer assistance. They are called SENDIAS and more information can be found at the following web address:

[https://parents.actionforchildren.org.uk/additional-needs-disabilities/support-home-school/sen-support/?gclid=EAlalQobChMIpemE5YaW9gIVC4BQBh07YQOJEAAAYASAAEgLP8vD\\_BwE](https://parents.actionforchildren.org.uk/additional-needs-disabilities/support-home-school/sen-support/?gclid=EAlalQobChMIpemE5YaW9gIVC4BQBh07YQOJEAAAYASAAEgLP8vD_BwE)

### **Brampton Area Action Group – Do you need help this Winter?**

The school has been contacted by the Brampton Area Action Group (BAAG). They may be able to assist households who are experiencing hardship this winter by providing help with weekly groceries and heating. Please note that you do not need to be on benefits to get help. You can get help from the Helpdesk at 016979 27005. If you have difficulties leaving a message you can also get in touch with them at [www.bramptonareaactiongroup.co.uk](http://www.bramptonareaactiongroup.co.uk).

### **World Book Day – Thursday 3<sup>rd</sup> March 2022**

We enjoyed a great World Book Day at school with everyone getting in the spirit by dressing as their favourite book characters. We hope that you also were able to read with your child and enjoy the day.

### **Big Pedal and Walk to School**

This year's Big Pedal and Walk to School runs from 21<sup>st</sup> March to the 1<sup>st</sup> April. More details will be sent out nearer the time. Please get bikes and scooters ready and roadworthy if you are participating this year. We look forward to a large number of participants this year. Remember that children can use any non-powered means of transport to get to and from school. And families are encouraged to join in with this too. Walk, cycle, jog or scooter your way to school with your child is a fun way to keep fit for every age group.

### **Talkin Tarn Adventure Activities**

We have received the following message from Talkin Adventure at Talkin Tarn.

*We are pleased to be able to offer Bewcastle School pupils the opportunity to attend free, or subsidised, holiday activity clubs with us at Talkin Tarn over the Easter holidays. We are sharing this information with schools within, and local to, Brampton.*

*Brampton Area Action Group (BAAG) have secured funding to enable this to take place. The holiday clubs will be completely free of charge for those families on low incomes/free school meals. For those able to afford to pay, there will be a £15pp contribution to pay. The booking for these holiday clubs is all online. The activities are suitable for ages 9-14 years. To book a free place, simply enter the code "baagfsm" into the coupon section of the registration page. This code is only to be used by families on low incomes. The events are live to book. Places can be booked without the code at the subsidised rate of £15pp.*

*Talkin Adventures are pleased to offer fully supervised adventure activity holiday clubs for children aged 9-14 years, over the Easter holidays. Each activity day will include two adventure activities and lunch is provided. These days have been subsidised by funding generously secured from the PostCode Lottery by Brampton Area Action Group. To book a place, please visit [www.independentadventure.co.uk/clubs](http://www.independentadventure.co.uk/clubs). If you have any questions that have not been covered on the website, please email [info@independentadventure.co.uk](mailto:info@independentadventure.co.uk) or send us a Facebook message on our Talkin Adventures page.*

*If you would like any further information or clarification on this then please do not hesitate to get in touch via email.*

### **Easter Football Camps**

Elite Football are offering football training at their Easter Holiday Camps. These will take place at Caldew school Dalston over the Easter break. There are girls only sessions too. Ages from 6-14 are welcome to apply to the camps. For more information and full details of how to book please contact: [info@elitefootballcarlisle.co.uk](mailto:info@elitefootballcarlisle.co.uk).

### **Easter Rural Funtime**

This Easter Cumbria Community Development Team, will be delivering two rural sessions at Walton and Lees Hill CE Primary School on Wednesday 6<sup>th</sup> and 13<sup>th</sup> April. This is for children aged between 5 -11. The cost of this £8 per session. To book, please visit <https://www.betterlessons.org.uk/onlinejoining/home> and search THE SANDS CENTRE and HOLIDAY CLUB.

### **Easter Tennis Camp**

Canonbie Tennis club are holding free Easter tennis camps.

Children age 5-9 years

Tuesday 5<sup>th</sup> April 3pm-5pm

Tuesday 12<sup>th</sup> April 10am – 12noon.

Children age 10-16 years

Wednesday 6<sup>th</sup> 3pm – 5pm

Tuesday 12<sup>th</sup> 12noon -2pm.

To find out more information and to book please visit:

[Canonbie Tennis Club / Tennis Coaching Canonbie \(lta.org.uk\)](http://lta.org.uk)

All the best for the week ahead

Mark Ashton