



**Bewcastle School, Roadhead, Cumbria,  
CA6 6PF**

**Telephone: 016977 48662**

**Email: [admin@bewcastle.cumbria.sch.uk](mailto:admin@bewcastle.cumbria.sch.uk)**

**Website: [www.bewcastle.cumbria.sch.uk](http://www.bewcastle.cumbria.sch.uk)**

**Successful learning in a happy environment**

**Executive Headteacher: Linda W Smith**

---

7<sup>th</sup> September 2020

Dear Parents and Carers

I hope this finds you all well. It has been lovely to welcome you all back to school and the children have settled really well to their new routines.

I would also like to keep you informed about how we will deal with colds and coughs this year and any suspected or confirmed cases.

Please do not send your child to school if they have any of the following symptoms:

- new **continuous** cough and/or
- fever (temperature of 37.8°C or higher)
- Loss of or change in, normal sense of taste or smell (anosmia)

I have been told that cold symptoms ie blocked/runny nose, sore throat, sneezes do not require children to be off school or to have a test. We are not routinely testing temperatures in school but will do so if we think a child may have a temperature. *If there is a cough, I am told that it would be very dry and continuous not just now and then.* However, if you are at all unsure then I would recommend getting a test.

Tests can be booked on the NHS testing and tracing for coronavirus website using the link here: <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or a test can be arranged by telephoning NHS 119.

If a child/member of staff has suspected symptoms, has a test and it comes back as negative, they are fine to return to school immediately.

If a child/member of staff has a positive test, then any close contacts (their group in school) would need to isolate immediately for 14 days from the date that they were last in contact with the positive case. This would mean that your child would isolate at home for 14 days. No other members of the household would need to isolate at that time.

If, during the 14-day isolation, any of the symptoms outlined above developed, you would need to arrange for a test, inform the school and continue to isolate. Household members would also need to self-isolate at this point.

We would, of course send more detailed information if there was a positive case in school.

If you have any question, please do get in touch.

Kind regards